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## **RESOURCES FOR ASSISTED LIVING**

### **Listing of facilities**

Directory of licensed residential care facilities

<http://www.in.gov/isdh/regsvcs/lrc/resdir/index.htm>

Housing With Services Establishment Directory

<http://www.in.gov/fssa/files/DIR03080012022208.pdf>

Assisted living facilities in Central Indiana (includes Medicaid Waiver Providers)

<http://www.cicoa.org/InformationAssistance/InformationAssistance.html>

Click on "Directory of Central Indiana Assisted Living Facilities"

### **Checklists and Guides**

Consumer Consortium on Assisted Living

"Choosing an Assisted Living Facility: Considerations for Making the Right Decision" -  
2nd Edition. Available for purchase.

[www.ccal.org](http://www.ccal.org)

[http://www.aging-parents-and-elder-care.com/Pages/Checklists/Assisted\\_Living.html](http://www.aging-parents-and-elder-care.com/Pages/Checklists/Assisted_Living.html)

<http://www.alfa.org/files/public/ALFAchecklist.pdf>

New York Long-Term Care Community Coalition (formerly called the Nursing Home  
Community Coalition) and the Coalition of the Institutionalized Aged & Disabled.

**Thinking of Moving to an Assisted Living Residence?**

<http://www.assisted-living411.org/>

New York Long-Term Care Community Coalition (formerly called the Nursing Home  
Community Coalition) and the Coalition of the Institutionalized Aged & Disabled.

**Resident's Guide for Assisted Living.**

<http://www.assisted-living411.org/>

### **General**

## **Assisted Living Consumer Alliance**

[www.assistedlivingconsumers.org](http://www.assistedlivingconsumers.org)

## **Consumer Consortium on Assisted Living (CCAL)** <http://www.ccal.org>

CCAL is a national consumer education and advocacy organization focused on the needs, rights, and protection of assisted living consumers, their caregivers, and loved ones. CCAL educates consumers, trains professionals, and advocates for assisted living issues. Consumers can access “Frequently Asked Questions” and a fact sheet on choosing a facility online and learn about other materials available for purchase.

## **Assisted Living Federation of America (ALFA)** <http://www.alfa.org/>

ALFA is a national trade association that represents professionally-operated, assisted living communities. Information for consumers available through the ALFA website includes: an “Assisted Living Guide and Checklist;” an “Assisted Living Consumer Information Statement” that identifies information that consumers should obtain in order to make an informed choice; a listing of state agencies that regulate assisted living; and a fact sheet addressing frequently asked questions related to assisted living.

[www.chooseassistedliving.org](http://www.chooseassistedliving.org)

ALFA also has a separate website for consumers. Contents include information about what assisted living is, its services, how care is paid for, and regulation.

## **National Center for Assisted Living (NCAL)** <http://www.ncal.org/>

NCAL is the assisted living voice of the American Health Care Association (AHCA), the nation’s largest trade association representing for-profit, long-term care nursing homes. Potential residents and their families can access several pamphlets, including “A Consumer’s Guide to Assisted Living Facilities” and “Moving Into an Assisted Living Residence: Making A Successful Transition” on the NCAL website. The website also offers a section, “Assessing Your Needs,” where individuals can use the “Care Interpreter” and “Facility Finder” to determine possible living options based on personal and health needs.