



United Senior Action Foundation

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INDIANA LONG TERM CARE SERVICES

AT HOME

DESCRIPTION OF SERVICES	WHO PROVIDES THE SERVICE
Health care (ex. nursing, therapies)	Home health agencies; private duty nurses
Personal care (ex. assistance with bathing, dressing, walking, going to the bathroom, etc.)	Home health agencies; personal care services agencies; private duty aides
Homemaker (cooking, light housekeeping, laundry, errands)	Personal care services agencies; home health agencies; private individuals
Home repair/modification	Area Agency of Aging (through contractors); private organizations
Home delivered meals	Area Agency on Aging; Meals on Wheels
Respite (Time off for caregivers. Time could range from a few hours to several weeks.)	Personal care services agencies; home health agencies; some churches; social service organizations, some assisted living facilities, some nursing homes
Personal Emergency Response Systems	Most hospitals; American Red Cross; private companies
Transportation	Area Agency on Aging; public transportation systems; some senior centers; personal care services agencies
Adult day services (centers for adults that provide social and recreational programs, meals, and oversight during the day. Some may provide medical services or personal care services)	Private organizations; some churches; some assisted living facilities; some nursing homes

HOME AWAY FROM HOME

TYPE OF FACILITY	DESCRIPTION OF SERVICES
Assisted living	<p>Room and board; supervision; personal care (assistance with bathing, dressing, walking, going to the bathroom, etc.); medication reminders or administration; some nursing services; recreational programs; transportation</p> <p><i>NOTE: Not all facilities provide each of these services. You must check with the individual facility to determine the exact services provided.</i></p> <p><i>Ask for a copy of the “Disclosure for Housing with Services Establishments” form</i></p>
Nursing home	<p>Room and board; supervision; personal care (assistance with bathing, dressing, walking, going to the bathroom, etc.); 24-hour supervision; nursing services; medication administration; therapies (physical, occupational, speech, respiratory); social services; activities</p>

Note: This is not an exhaustive list of all long term care services/settings in Indiana.

To help you in determining the care setting and services a loved one needs, consider:

Needs + Wishes + Available Services + Available Support + Financial Resources

and

Caregiver needs